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PRINCIPAL | Andrew Campbell PGDip. Org. Behaviour, B.Ed., Dip.T.

Thursday, 12 March 2026

Dear Parents / Caregivers,

Interschool Swimming Sports 2026

Day: Thursday, 19th March

Time: 9.00 - no later than 2.30 (maybe as early as 12.00)

Where: Tamahere - Vela swimming pool complex

Your child has the opportunity to represent Knighton at the South East Hamilton Primary Schools Interschool Swimming Sports on Thursday, 19th March. This competition will take place at Tamahere Model Country School. Swimming caps are compulsory. I have some available for use.

Your child will compete in at least two of the following events: freestyle, backstroke, or breaststroke events for their current age group (9-year-olds and 10-year-olds, rather than Year 5 or Year 6).

This is a fantastic opportunity to attend an Inter-School event, have a go, and have some fun.

It is a full-day programme with the children leaving straight after the roll at 9:00 a.m. and returning by 3:00 p.m (at the latest). As only a small number of Knighton students are attending, they will travel via private motor vehicle to Tamahere School. We are looking for three parent helpers for the day.

Children will need to bring the following gear:

Swimming togs	2 towels
Lightweight clothing for sun protection	Warm clothes in case it gets cold
School hat	2 drink bottles - Water only
Large healthy lunch	Sunscreen & any medication that may be needed i.e. asthma inhaler

**Please complete and return the attached permission slip by Tuesday, 17th March
to the Frog Box at the Smiley Face window or to Mr Hannah**

Regards

David Hannah

Sports Coordinator | dhannah@kns.ac.nz

Knighton Normal School – Interschool Swim Team 2026

South East Hamilton Primary Schools 2026
Draft PROGRAMME OF EVENTS

9.20am	Schools assemble at Tamahere. Officials meeting.	
9.30am	Welcome and explanations of the programme.	
9.40am	Swimming of the heats in each event.	
1	8 year old girls	25m freestyle
2	8 year old boys	25m freestyle
3	9 year old girls	25m freestyle
4	9 year old boys	25m freestyle
5	10+ year old girls	25m freestyle
6	10+ year old boys	25m freestyle

7	8 year old girls	25m backstroke
8	8 year old boys	25m backstroke
9	9 year old girls	25m backstroke
10	9 year old boys	25m backstroke
11	10+ year old girls	25m backstroke
12	10+ year old boys	25m backstroke

13	8 year old girls	25m breaststroke
14	8 year old boys	25m breaststroke
15	9 year old girls	25m breaststroke
16	9 year old boys	25m breaststroke
17	10+ year old girls	25m breaststroke
18	10+ year old boys	25m breaststroke
12.00 approx	30 min Lunch (or at end of the heats)	
12.30 approx	Finals for all other strokes, Medley Heats, which are timed and will be run after the breaststroke final. The day ends with Relays (fastest 8-10 year old girls, 8-10 year old boys)	
2.15	Farewell / pack up / Return to school before 3 pm.	

Interschool Swimming Sports

KNIGHTON INTER-SCHOOL SWIM TEAM

I permit my child to attend the Interschool swimming. I acknowledge that they will travel by private vehicle to the Interschool Swimming Sports at Tamahere Model Country School on Thursday, 19th March and will be accompanied by a member of Knighton Normal School staff.

Child's name: _____ Room _____

Medical information:

Allergy: Yes / No

If yes, please provide details:

Asthma: Yes / No

If yes, please provide them with an inhaler for the day. We will have an emergency inhaler, but it is better if one is provided.

Other medical information:

I can help with transport: **Yes / No**

I am able to transport ___ children in diagonal seat belts to and from Tamahere School **Yes / No**

I have a full drivers licence, and my car has a current registration and Warrant of Fitness **Yes / No**

I can help supervise and/or marshal for the day: **Yes / No**

Name of parent/guardian (please print): _____

Contact Phone: _____

Parent/guardian signature: _____