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PRINCIPAL | Andrew Campbell M.Ed. (Educational Leadership), B.Ed., Dip.T.

## Knighon Martial Art Club

Dear Parents / Whānau,

February, 2026

Your child has expressed an interest in participating in martial arts this year. We will be practising a range of martial arts; however, the main focus will be on learning the Judo NZ syllabus. Students will partake in grappling but will not be striking each other. The lessons will allow tamariki to work on their Knighton values, such as whakaute/respect, manawaroa/resilience, and hauora/well-being. Permission slips need to be completed and handed into the Smiley Face window by **Friday, 13th February. There is a limit of 25 students, so it will be first-in, first-served.**

### **Where and When**

Fridays - Break 2: 12:45 pm - 1:30 pm in the Knighton School Hall.

**Cost:** FREE - The cost will be covered by the school.

### **Expectations:**

Excellent behaviour will be expected of all members. There will be consequences for those members who do not meet these expectations.

1st warning - student will sit out and watch the next training session.

2nd warning - student will sit out the next 2 training sessions.

3rd warning - student won't be able to come to training sessions for the rest of the year.

### **Qualifications**

I have spent 20 years training at Henkada and Gisborne judo clubs. I am a black belt in the martial art of judo and spent 6 years training in Muay Thai at Waikato Muay Thai.

**Practice Clothes** - your child will need to wear a rugby jersey or any clothing that is hard-wearing and won't easily tear.

Ngā mihi

James Penman | Senior Teacher | jpenman@kns.ac.nz

✂️ -----  
Please return this slip to the Frog Box at the Smiley Face Window by **Friday, 13th February.**

## Knighon Martial Art Club

I give my permission for \_\_\_\_\_ from Akomanga \_\_\_\_ to participate in the Knighton Martial Arts Club. My child has read and understands the Knighton Martial Arts Club expectations.

**Signed:** \_\_\_\_\_ (must be signed by parent/caregiver, not a child)

**Signed:** \_\_\_\_\_ (must be signed by student wanting to participate)